

**USA TRACK & FIELD NATIONAL OFFICIALS COMMITTEE**  
**2017-2020 Combined Events**  
**For Coordinators and Referees (Grades 1 & 2)**  
**Certification Rules Review (v 1.0)**



**Purpose**

The purpose of this open-book rules review is for officials to demonstrate their familiarity with, and knowledge of USATF and NCAA rules governing combined events.

**Instructions & Scoring**

Use the **2016 USATF Competition Rules** (<http://www.usatf.org/About/Competition-Rules.aspx>) and the **2015-2016 NCAA Cross Country/Track & Field Rules** (<http://www.ncaapublications.com/c-60-track-field.aspx>) to complete this review. Enter your answers below on this paper, and send it to your association certification chair.

***\* Using the 2017 USATF Competition Rules and 2017-2018 NCAA Cross Country/Track & Field Rules is also acceptable.***

**Combined Events Coordinator: (and NOT a Referee) – Complete questions # 1 thru # 21.** Maximum score = 60.  
**Minimum Passing Score - Grade 1 - 80% (48 points), Grade 2 – 85% (51 points)**

**Combined Events Referee: – Complete all questions - #1 thru # 26.** Maximum score = 85.

**Minimum Passing Score - Grade 1 - 80% (68 points), Grade 2 – 85% (72 points) *\*At least 20 points have to be correct in Part V and Part VI of the Referee Section.***

**PART I – Multiple Choice Questions** (Total: 8 points)

Four questions, each worth 2 points – 1 point for the correct answer and 1 point for the correct rule number. Circle the correct letter answer, and enter the applicable rule number(s).

1. In the Combined Events Vertical Jumps, a competitor in **NCAA and USATF** shall be given \_\_\_ minute(s) in the high jump and \_\_\_ minute(s) in the pole vault between consecutive jumps even if he or she is the only competitor remaining in the competition.

- A. 1 & 1
- B. 2 & 3
- C. 4 & 5
- D. 3 & 5
- E. 1.5 & 2

NCAA Rule # \_\_\_\_\_ USATF Rule # \_\_\_\_\_

2. The height of the 100m hurdles for the open heptathlon for women in **USATF and NCAA** is:

- A. 0.762 m
- B. 0.840 m
- C. 0.914 m
- D. 0.995 m
- E. 1.067 m

NCAA Rule # \_\_\_\_\_ USATF Rule # \_\_\_\_\_

3. An athlete in an **NCAA** decathlon throws the discus 42.74m. The following shows the **IAAF Scoring Table** for the discus throw. How many points would this athlete receive? \_\_\_\_\_

<u>Performance</u>	<u>Points</u>
A. 42.80	722
B. 42.75	721
C. 42.70	720
D. 42.65	719

\*There is no NCAA Rule covering this specific situation. Circle the correct letter answer.

4. In the Combined Events competitions, the **NCAA** recommends using more than one flight when there are more than \_\_\_ competitors. **USATF** recommends more than one flight if there are \_\_\_ or more competitors.

- A. 3 & 5
- B. 8 & 10
- C. 13 & 16
- D. 15 & 15

NCAA Rule # \_\_\_\_\_ USATF Rule # \_\_\_\_\_

## **PART II – True/False Questions** (Total: 22 points)

**11 questions, each worth 2 points – 1 point for the correct answer and 1 point for the correct rule number. Circle either True or False, and enter the applicable rule numbers.**

5. In both an **NCAA or USATF** event, the first false start in the Combined Events will be charged to the field. A subsequent false start in that event by any competitor results in a disqualification.

True / False                      NCAA Rule # \_\_\_\_\_                      USATF Rule # \_\_\_\_\_

6. In both **NCAA and USATF** events, the referee will make the final determination for which facilities will be used if separate but equal facilities are available.

True / False                      NCAA Rule # \_\_\_\_\_                      USATF Rule # \_\_\_\_\_

7. The recommended increment for the high jump in an **NCAA and USATF** decathlon is 2cm.

True / False                      NCAA Rule # \_\_\_\_\_                      USATF Rule # \_\_\_\_\_

8. If more than one field event flight is warranted in either an **NCAA or USATF** Combined Event, the athletes must be split on a random basis.

True / False                      NCAA Rule # \_\_\_\_\_                      USATF Rule # \_\_\_\_\_

9. An athlete failing to either attempt to start or take trial in any event of a Combined Event competition shall not be allowed to continue to participate in the combined event whether in an **NCAA or USATF** event.

True / False                      NCAA Rule # \_\_\_\_\_                      USATF Rule # \_\_\_\_\_

10. Although it is recommended that there be at least 30 minutes between the events during both **NCAA and USATF** combined events competitions, only the referee can change this.

True / False                      NCAA Rule # \_\_\_\_\_                      USATF Rule # \_\_\_\_\_

11. Ties are not broken in **NCAA** Combined Events

True / False                      NCAA Rule # \_\_\_\_\_

12. The events in the **USATF Youth** 13-14 boys' pentathlon are 100m Hurdles, Shot Put, High Jump, Long Jump, and 1500m.

True / False                      USATF Rule # \_\_\_\_\_

13. The order of events for the **USATF Masters Men's** Outdoor Pentathlon is Long Jump, Javelin Throw, 200m, Shot Put, and 1500m.

True / False                      USATF Rule # \_\_\_\_\_

14. Because of the possibility of interference, hurdles races must be run in alternate lanes during an **NCAA** combined events competition.

True / False                      NCAA Rule # \_\_\_\_\_

15. All **USATF** decathlons – open men and women, youth and masters – have the same order of events.

True / False                      USATF Rule # \_\_\_\_\_

### **PART III – Situational Essays** (Total: 15 points)

3 questions, each worth 5 points. Write your answers below or on a separate sheet and attach it to these pages.

**Note:** The essay questions below reflect complex situations that have several things to consider. Be certain to address such things as: What information do you need, who would you talk to, and what questions would you ask? What rules are pertinent to the situation? What are possible options to remedy the situation? What option would you select and why?

16. A **USATF** competitor in the Pentathlon reports for the 200m at the end of the first day but only takes one step out of the blocks. Is she allowed to compete in the long jump the next day? How is the 200m scored? (5 points)

17. In the first round of the decathlon shot put during an **NCAA** meet, an athlete pulls a leg muscle and so passes the rest of his throws and goes to get medical attention. He does not return until the high jump has started. He never checked in but does arrive before his name appears on the list. Should he be allowed to continue or has he abandoned the competition? What proactive steps might you take as coordinator? If the jumps at the starting height have been completed, does that make any difference in your decision? **Would your response be different if this were a USATF competition?** (5 points)

18. During a **USATF** decathlon pole vault, only one athlete cleared 4.70m. You discover that the head judge has allowed the athlete to choose his own height since he was the only athlete remaining in the competition. He chose to go up by 5cm, making 4.75m but missing at 4.80m. What are the issues involved with this scenario? What can be done to resolve it? What could have been done to prevent it? (5 points)

**PART IV – Worksheets** (Total: 15 points)

19. Fill in the table below showing the time allowed for combined events for **NCAA and USATF**. What is the time limit for each situation? (6 points – ¼ point for each correct answer)

Number of athletes in competition at start of a height	NCAA High Jump	NCAA Pole Vault	NCAA Long jump & Throws		USATF High Jump	USATF Pole Vault	USATF Long Jump & Throws
More than 3							
2-3							
1							
Consecutive Attempts							

20. At the end of an **NCAA** decathlon competition you have two athletes with identical scores of 8160. The following table shows their scores in each event. Who should get the higher place? Give your reasons why. (5 points)

Event	Athlete A	Place	Athlete B	Place
100m	874	3	838	7
Long Jump	863	4	932	1
Shot Put	820	8	849	5
High Jump	794	4	705	8
400m	830	7	850	5
110m Hurdles	932	1	874	9
Discus	707	11	849	3
Pole Vault	728	9	649	11
Javelin	795	7	836	1
1500m	817	4	778	8
Total	8160		8160	

21. After the javelin throw in the heptathlon at an **NCAA** Championship meet, the scores are as follows. You are to run two heats of the 800 meters. The top eight places score. How would you divide the heats and why? Which heat would run first? What kind of start would you utilize? **(4 points)**

Place After Javelin	Competitor	Score
1	Avery Agnew	5476
2	Betsy Bigelow	5373
3	Cathy Chisholm	5236
4	Dorothy Dalton	5113
5	Elizabeth Eaton	5074
6	Frances Finley	5016
7	Gretchen Green	4995
8	Heather Hailey	4968
9	Ingrid Ingram	4952
10	Janet Jamison	4884
11	Karen Keating	4866
12	Lauren Leslie	4816
13	Megan Morgan	4757
14	Norah Nelson	4727
15	Olivia Olsen	4700
16	Paige Patterson	4686
17	Rachel Russell	4645
18	Sarah Smith	4641
19	Tammy Thompson	4594
20	Ursula Unger	4581
21	Violet Valentine	4539
22	Wanda Williams	4433
23	Yolanda Young	4329

**This concludes the Combined Event Coordinator Review.**

## Combined Events Referee Review – Continue through the end of the test (#25).

### **PART V – Referee Situational Essays** (Total: 15 points)

3 questions, each worth 5 points. Write your answers on a separate sheet and attach it to these pages.

22. As you complete the high jump on the first day of the decathlon, you receive a report that a thunderstorm will arrive at the stadium in about 25 minutes and is expected to last for over an hour. What options are available for running the 400m? What option do you feel is best and why? What arrangements would need to be made to make this happen in an **NCAA** meet? In a **USATF** meet? (5 points)

23. As the referee at an **NCAA** conference championship, you are called to the heptathlon high jump where the field has been divided and jumping simultaneously on two pits for 45 minutes. The head judge informs you that, because of a miscommunication, the two pits are not jumping at the same height but are 1cm different. What issues are involved in this situation? What options are available to you? How would you resolve the situation? What could you have done to prevent this situation? (5 points)

24. An athlete in an **NCAA** meet is entered in the decathlon and open high jump. The decathlon long jump and open high jump are in competition at the same time. During the long jump, the athlete asks head long jump judge to jump one spot ahead of his scheduled spot because he will be up soon in the high jump. The judge agrees, and the athlete makes his long jump attempt, which is his best attempt of the competition. Did the head judge handle this situation correctly? If not, what are your options as the referee? Would your answer be different in a **USATF** competition? (5 points)

### **PART VI – Referee Worksheets** (Total: 10 points)

A three-way tie for first place score has occurred. Scores for the three affected athletes, for each event, are displayed below

25. For an **NCAA** competition, place the athletes – in the table below; then cite the applicable rule(s), and explain how the rule is applied to place the athletes. (5 points)

26. For a **USATF** competition, place the athletes – in the table below; then cite the applicable rule(s), and explain how the rule is applied to place the athletes. (5 points)

Event	A	B	C
60 m Hurdles	799	736	763
High Jump	661	687	714
Shot Put	650	795	576
Long Jump	739	716	799
800 m	658	573	655
Totals	3507	3507	3507
NCAA Place			
USATF Place			